

eagan counseling clinic

Urgent Care:

For clients who have urgent need for assessment and care:

- an initial assessment can be arranged within 24 hours excluding weekends and holidays,
- a diagnostic assessment within 48 hours.
- immediate admission to Adult or Adolescent Short-term Assessment and Treatment Program, or
- referral to a less urgent option as soon as possible.

Therapy Services:

- Individual Therapy
- Marriage and Family Therapy, Relationship Therapy
- Child and Adolescent Therapy, Child Play Therapy
- Psychiatric Services for Adults, Adolescents and Children coordinated with Psychotherapy
- Psychological Evaluations, Testing and Assessment
- Attention Deficit-Hyperactivity Assessment and Treatment
- Parenting Skills Training
- Group Therapy for Adolescents and Adults.
- Dialectic Behavior Therapy (DBT) for Adults and Adolescents.
- Divorce Adjustment, Grief and Loss Issues
- Biofeedback Stress Reduction and Relaxation Training
- Wellness and Growth Counseling

Day Treatment Services:

- Short-Term Assessment and Treatment Programs for Adolescents and Adults
- DaTRAC Adult Day Treatment

Home-Based Family Therapy:

- Offered in Dakota and Ramsey County.
- Payment arranged by County or insurance authorizations.

Horizons Community Support Program:

- Support services for Dakota County
- Adults who have a serious and persistent mental illness.
- Includes Housing Support, Case Management, and Drop-In Center.

Eagan Clinic

Directions from Hwy 77

- North on Hwy 13
- Right on Yankee Doodle
- Cross 35E Right on O'Leary Lane
- At the end of the block on left.

Directions from 35E

- Exit Yankee Doodle
- East on Yankee Doodle from 35E
- Right on O'Leary Lane
- At the end of the block on left.



Woodbury Clinic

Directions from I-94

- Exit Radio Drive South
- Right on Seasons Pkwy
- Radio Drive Professional Bldg on left
- Come to second floor, Suite 210

Directions from 494

- Exit Tamarack Rd east.
- Right on Seasons Pkwy
- Radio Drive Professional Bldg on right
- Come to second floor, Suite 210



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3450 O'Leary Lane

Eagan, MN 55123

eagan counseling woodbury clinic

Radio Drive Professional Building

1000 Radio Drive, Suite 210

Woodbury, MN 55125

Phone: 651-454-0114

Fax: 651-454-3492

Web site: www.eagancounseling.com

TTY Relay: 1-800-627-3529

Outpatient Mental Health Services



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